

Sunday Cha Cha

 linedancemag.com/sunday-cha-cha/

Choregraphie par : Kate SALA

Description : 32 temps, 4 murs, Novice, Mars 2017

Musique : Hallelujah, Amen par Reba McEntire

Intro: 32 counts – 20 seconds

Step Right, Cross Rock, Recover, Chasse Left, Rock Back, Recover, Forward Lock Step.

1 – 3 Step R out to right side. Cross rock on L over R. Recover on to R.

4 & 5 Step L to left side. Step R next to L. Step L to left side.

6 7 Rock back on R. Recover on to L.

8 & 1 Step forward on R. Lock Step L behind R. Step forward on R.

Step Pivot 1/2 Turn, Shuffle 1/2 Turn, Rock Back, Recover, Forward lock Step.

2 3 Step forward on L. Pivot 1/2 turn right.

4 & 5 Turn 1/4 right stepping L to left side. Step R next to L. Turn 1/4 right stepping back on L. 12:00

6 7 Rock back on R. Recover on to L.

8 & 1 Step forward on R. Lock Step L behind R. Step forward on R

Restart during wall 3 – change the above counts 8& to Step side Right, Together.

Step Pivot 1/2 Turn, Rock Forward, Recover, Rock Back, Recover, Turn 1/2 Right.

2 3 Step forward on L. Pivot 1/2 turn right. 6:00

4 5 Rock forward on L. Recover on to R.

6 7 Rock back on L. Recover on to R.

8 Turn 1/2 right stepping back on L.

Turn 1/4 Right With Side Rock, Weave Left, Step Left Swaying Hips x 3, Rock Back, Step Right.

1 2 Turn 1/4 right with side rock on R to right side. Recover on to L. 3:00

3 & 4 Cross step R behind L. Step L to left side. Cross step R over L.

5 – 7 Step L to left side swaying hips left, right, left.

8 & Cross rock back on R behind L. Recover on to L.

Start Again

Restart: During wall 3, Restart from the beginning of the dance after changing counts '8 &' on Section 2 for – Step R to right side. Step L next to R. Restart facing back wall.

TAG: End of wall 6 facing 3:00 – Complete a Figure of 8. Start again facing 3:00 wall.

1 2 Turn 1/4 right stepping forward on R. Step forward on L.

3 4 Pivot 1/2 turn right. Turn 1/4 right stepping L to left side.

5 6 Cross step R behind L. Turn 1/4 left stepping forward on L.

7 8 Step forward on R. Pivot 3/4 Turn left.

ENDING: At the end of the dance facing 3:00 – Step right, Cross step L over R, Unwind 3/4 turn right to face 12:00
